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13<sup>th</sup> /08/03

Today I would like to write rather report of the certain issue I heard during the time I was working [on the] stigma questionnaire [a pretest]. It was around past 4 p.m. when I was at N\_\_\_ Turn-Off at Superrate [a supermarket] waiting my fellow workmate as well as friends Michael and Alice who were still in the field. Here at Superrate was our focal point of meeting. I sat on the velander of this Superrate. I sat on the Coca-cola case/crate which was there on the velander which people use to sit on when ever playing a game know as Draft there. I was alone; no one was playing draft game. Then I was taking rather drinking Coca-Cola which I brought from the Superrate.

When I just finished drinking then a certain man came and sat at one crate as well near me. Then I went inside the supermarket to return the empty bottle. The man also went inside and he came with a bottle of Fanta and sat near me as well and he was drinking and he was not either talking anything to me. He wore blue jean and a blue shirt jean and brown leather shoes. He was medium tall and white in complexion, the whiteness of the black people. Within 10 minutes the woman who was selling in the supermarket came out of the shop I believe she was going to the bathroom. She was very plump indeed and fat. She dressed very nice and white in complexion as well. She was moving very politely passing by us on the velander we sat. Then the man who sat near me begun speaking to me saying that the girl is so beautiful and her job suits her very much. I agreed with him and added saying that they are two of them and they other one is also beautiful but not as plump as this one. He said that then they work two of them simultaneously? I responded saying to him that they have their known shifts and days. He was still looking at her when she was going a distance and I noticed from his eyes that he was admiring her very much.

He then said that but she is fat indeed a good body structure as well. I agreed with him as he went on saying that she is the kind of girl that one can not attempt to divorce her even if they may happen to be quarrelling each other, even when the woman is doing shit/a bad thing except finding her with another sexual partner. I laughed and said only finding her with another partner then leave/divorce her? He said yes indeed and said that reaching that point then it's the great point of divorcing her but in the past for example our old days (he said) when there was no AIDS which is killing many people nowadays and its better to divorce her despite her beauty since everyone nowadays in every country is very concerned of AIDS. He said AIDS is critically devastating a lot of people in every nation. I agreed with him. He said in his old days there was no AIDS and what they were only afraid of was only Syphilis, Gonorrhea, Buboos and he said they were enjoying with different girls and not worried a lot and many people were not so much infected of the diseases he mentioned. (NB (The man by my estimation he should have years of 39 years but smart and charming.) He said but not nowadays that when you try to enjoy with various girls you might end up catching AIDS which you may die eventually.

I agreed with him and then girl was coming and the man asked me if I chat with her or know her name. I responded him that I chat with her sometimes especially when I want to buy something and when serving me and said to him that she is very friendly indeed.

When she was coming from there facing us the man said that do I assume that she is married or not? I answered him that I can't assume because I had no knowledge concerning her and I did not hear anything concerning her marital status. He agreed and he said that Malawi is a very beautiful country. He said it is beautiful in everything. I smiled. I noticed his speech and his tongue, he indeed not a man form Malawi, he was mixing with English in his speeches.

I asked where [he] is coming from. He said that he was coming from M\_\_\_\_\_ township and he was just moving trying to see various locations. I said to him that I had noticed him that he sounded like he doesn't clearly speak Chichewa language but he can speak English very fluently. He agreed and said he is a new comer in Malawi he is from Zimbabwe and he had come to Malawi because of working he said he is an expert in making sofa seats and he wants to open a furniture store in M\_\_\_\_\_ township to run this business. I said to him that why he is saying that Malawi is a beautiful country that he admires and he distinguishes with his own original country Zimbabwe? He said that Zimbabwe is also beautiful but not so beautiful like Malawi and he said that Malawi is a very peaceful country as well more than Zimbabwe and Malawi has beautiful game reserve and national parks.

I was just listening and he went on saying that even Malawi has beautiful women rather girls. He asked me again whether I could assume if the girl working is separated/single or married. I answered him saying that I had no idea. He lightly laughed and he said that the only problem he sees in Malawi each time he visited Malawi in the last 3 months. I asked him what kin of problem? He answered saying that in Malawi its very difficult for one to deduce rather know that this is a married woman or single woman. I asked he how? He said that it because in the way they dress. He said in Zimbabwe it is quite different. He said that in Malawi you may find that a young girl is married and is wearing short skirts having slits for instance and the same young girl also likes wearing *Chitenje* (chichewa –clothing which women are used to wearing around their waist) I was just listening. He went on to say that this very difficult to know who is married and who is single. He said its because [of] another thing they marry while they are very young. And he said that since they marry while young they are taken as if they are not married because you can find them wearing short skirts and be wantonly moving along the street and also you can find them wearing like they are married in the way people dress in Zimbabwe. I asked him how? He said that in Zimbabwe a married woman always wears long skirts and clintenje and when ever you see a girl wearing a short skirt you should just know that that particular girl is not married and its unlike Malawi whereby you may find a single girl always found wearing *chitenje* and married woman wearing a very short skirt having a long slit behind it.

I agreed with him and said that he was saying the truth. He went on saying that a Malawian girl is more beautiful than a Zimbabwean girl. We chatted and chatted and he said that indeed what he heard about Malawian was true. I asked what has he heard about Malawi he was saying that he heard which is the truth? He said that his friend to used to tell him that he had been visiting Malawi for several times and he used to say to him that Malawi is a beautiful and peaceful country and has many beautiful girls and women and he said that he had believed that only for 3 months he had been in Malawi. Then I said to him that then certainly he is to Malawi [marry?] here in Malawi. He smiled broadly and said that he is certainly not to marry a Malawian because he has a wife in Zimbabwe and he left her in Zimbabwe and when he opens his business in a few months he going to send for his wife so he would not be tempted to marry or have a sexual partner here in Malawi and be smiling and added saying that he also knows that not all that glitters is gold. (He said in English). I agreed with him. He went on saying that Malawi with many beautiful women and girls certainly has high risks of AIDS disease because prostitution is also high and having sexual partners means putting one into high risk as well. He went on saying that despite Malawi being a beautiful country but also has high-risk interms of AIDS disease because men are not having self-control to abstain and avoid having partners. He said that a lot of people are marrying and get married hence the spread of this deadly disease is high. He said to me that I should be careful since not all that glitters are gold.

I answered him that indeed he was saying the truth and I asked him if he can differentiate between Zimbabwe where he came from and Malawi interms of high risks of AIDS disease? The man said that every country has the great problem of AIDS disease and he can't completely discern rather distinguish since as he said he had only stayed in Malawi for only 3 months and said that but the reality is that every nation rather country is facing the great problem of AIDS. He said even this problem is high in Zimbabwe country and a lot of people are dying. He said he had his friends in Zimbabwe and many had died. He said there is no time nowadays to be going for women. He said that time had ended and he also said that these beautiful girls are the ones who are having HIV positive and a lot of men goes after them since they are good looking. I agreed with him and he said that for example this girl (meaning the one selling in supermarket) its very rare to find that she is completely single that she had no sexual partner and the way she is looking it means she also goes with the boss who give her a lot of money. He went on saying that the boss who goes rather who sleeps with her its likely he has other sexual partners as well including a wife at home. I agreed with him. He said that it's very rare that the sexual partners who sleep with her sexual

partner are 100% perfect and safe from HIV/AIDS. He exactly said the underlined words HIV/AIDS as I wrote. He said that it's a high risk then and he said that the boss doesn't use the condom and moreover [especially] to the beautiful girl at such.

He asked me whether I could use the condom to any girl. I answered him that I can use.

He laughed and said to a beautiful woman rather a girl at such like the one whom we saw. (Selling [at] the supermarket) I smiled broadly and said I can use and I normally use whenever I want to sleep with any other sexual partner. He said that if I use the condom that's very clever indeed and he said since I am the youth and of good health and indeed of good age and its good to be taking care of nobody and myself cannot take care of mine unless/cares myself. I agreed with him and he went on saying that for them they are old and they cannot go for extra-marital partners and be using condoms. He said that condoms are for the youth and not for the old people like him and he laughed and said that for example him the aged man like him be using a condom to the old woman as well?

I laughed and said it's strange indeed. He said yes it's very strange indeed. And I said to him that but he can use to the girls like the one selling in the supermarket. He laughed and said that it's answered for the old person to be using the condoms but instead it's better to stop going after girls but just be abstaining always. He said the time for him is over, going with other extra marital partners, he is old and he had left it to the youth of my (Simon's) age.

He warned me to take care of girls and he said that them girls are the means and the shortcut of man's death nowadays. I agreed with him and he said this the time to be thinking of one's goal rather future and not combining going with girls. I agreed with him. He asked me my age? I frankly said to him that I am 26 years old. He said that's a good age and indeed young. He asked me if I am still schooling? I answered him that I am not schooling. He asked me if I am working I answered him that I am not working. Then he asked me what I normally do to earn a living. I answered him that I sometimes do simple business scale [?]. He asked me what's the purpose of papers I had possessed in my hands? I answered him that I was waiting for my brother there who works at M\_\_\_ A.D.D. (meaning Agricultural Development Division.) And I continued saying that he had escorted his friend inside the market and he said I should wait [for] him here (meaning at the supermarket) and he gave me ten papers to hold for him. He agreed without knowing that I was cheating him, the papers he saw was the stigma questionnaires.

I chatted with him for a while and then I saw Michael and Alice coming together. Then I thanked the man for the good time we had chatting together. He asked why I was going before my brother came. I said to him referring to Michael that the brother I was waiting was he and he believed and he thought that Alice was the brother's friend I was referring to. I departed with Michael and Alice. It was now around something to 5 p.m. He thanked me as well for the good time we had chatting and lastly we departed.

**13<sup>th</sup>/08/03**

I would like to report today for this time around past 10 p.m. I would like to report of what I also heard at Mangochi Turn-off when I was within Mangochi Turn off when I meet with my friend who sells dry fish within the market. He is my friend since the friendship started when both of us we were selling dry fish together in 1999 up to the year 2000 at Mwina trading center.

When I saw him at Mangochi Turn off I asked him where has he been ever since the year 2000 up now 2003? He said that he was still there at Mangochi Turn off and he said even the time he was selling fish with me at N\_\_\_ he was first of all started selling at N\_\_\_ turn off. He said that he moved from N\_\_\_ Turn off because of the great Blander [blunder] he committed. (He said Blander in English) I smiled and asked him what kind of blander he was meaning. He said that he had a certain sexual partner and he impregnated her and her parents forced him to marry her and he said that he was not prepared to do that since he had no enough capital to run a family and he also went on saying that her brothers were seeking him to beat him and because of that he then thought that it was a forced marriage if he does that. He said if her brothers wanted to beat him why then forcing him to marry their sister? I agreed with him and said he did good not to marry her.

That time there were some friends of his who were also listening also selling as well dry fish. And they were able to hear whatever we were discussing. Then another person jumped into the conversation and said that the man did a great thing. Friend said that's why he ran away to ease the situation. Then he also said that he heard his friends that the girl was movious and she did not have to depend on one sexual partner. He said that when ever he was at the lake for instance his partner was going around with other partners as well but in secret his friends has been telling him but he had no proof and when he heard that she was pregnant he thought the pregnancy was not for him but for many people and even his friends has been telling him that the pregnancy was not for him alone and he said that he believed that. His friends agreed with him and what his friends were telling him and said that they were good friends. Then I asked him whether he goes to visit the child who was born to the partner? He said that he doesn't go because of what her brother did wanting to beat him and moreover not sure that the child belongs to him.

I asked him whether he is now married? He answered that he is now married and has a child. He said he is renting at U\_\_ village there at N\_\_ Turn off. I congratulated him saying he did well for marrying. He asked me whether I am still living with the same wife he knew during the time we were both selling dry fish at N\_\_ market. I answered him that still I am currently living with her. He congratulated me and said I am doing a good thing a good wife in the one who is the first wife in ones life. I asked if the sexual partner he had who was movious was married?

He laughed and said she is not yet married and all [other] partners she also had run away from her and never married her. He said that's the great mistake of these girls whenever they are running an love affair with one sexual partner she doesn't depend on one sexual partner but many and the end result is giving her the pregnant and leave her at the end without marrying her since everyone becomes afraid that if marrying her still she has the nature of being movious and she may be leaving you and be going with others and not this dangerous time.

His friend, a business man as him, said that indeed charity begins at home and if a girl proves dishonest while living with her during friendship just know that she will be dishonest as well even if you marry her in future. Another one agreed as well and he said that but it's very rare though to find a girl who is at good age to the stage of getting married and is a virgin. He went on saying that you may find that when running with her as your sexual partner she may find that she had slept with more other sexual partners besides you and more especially school girls. He said the schoolgirls are the one here in Malawi who normally had slept with more men since they go for boasting to each other and wanting pocket money and so doing contracting AIDS.

This time I took one dry fish from his bench where he heard them and be sorting them to be putting in smaller heaps to sell K10.00 per smaller heap say 7 small fish in total. He said I should take 3 of them since one is not enough. I thanked him and smiled and he smiled too and said if I can take/eat 3 fish then I can see the difference. (He said in Chichewa: *Kuti lione Kusintha*). He said [I would] see the difference after getting the proteins from the fish, which could be neutralizing the activeness of the viruses. I asked him what kind of viruses he was meaning. He smiled and said that he was meaning the AIDS viruses; there is no any other talking (talks of other viruses apart from AIDS nowadays). And I laughed and agreed with him and said that nowadays as for as I know [everyone] has AIDS and in the way people say.

Another friend of his from distance gasped! Then we laughed and I said to him it has really touched your heart friend for what I said? He said indeed I was saying the truth. He said that every country, for example Malawi, [that] is the way things are nowadays. He said that everyone indeed has AIDS and what is needed is better to change ones behavior if one was used to be movious then its better to stop that and try to be a faithful person. Another person said that he was saying the truth but its very difficult indeed since it's nature that every man or woman is suppose to have a sexual partner and if not people suspects him or her that something is abnormal in his/her body. Another one said that parents asks him/her why they had never even hear about him or her being having a partner and to a man especially [he] is considered a fool and unfertile and parents get worried about if their sons will marry. Friend said that a lot of people are contracting this disease (meaning AIDS) because of this system that parents are more concerned about their sons/daughters of not showing interest of having sexual partners.

We all agreed and someone said that not all parents are of this behavior, he said that this behavior was practiced in the past [when] people especially parents were not aware of the disease AIDS and doesn't [didn't] play a role of advising their children to abstain from sex in order to avoid their children to catch AIDS. He went on saying that nowadays many families have radios and each and everyday they hear from the radio about AIDS messages and whenever they (the parents) see that their daughters/sons are not having a reputation of being movious, they become so happy of this and know that their children are so clever and considers rather cares their own lives. Friends agree and said that indeed it is like that but there are other parents even hearing from the radio about AIDS that they should as parents be praying about the great role of advising their children and be sensitive to this dangerous disease AIDS. They just listen to the messages and never take any measure rather role as the radio says. They only hear because they have ears to hear but not understanding as others hears about God's messages about never take into consideration and into practice, another one concluded.

My friend said that this disease is very dangerous and very difficult to understand it indeed. He went on saying that if one was born to die of AIDS certainly he/she will die of it and despite that he/she is not so movious. He went on saying that a lot of people are dying of AIDS and a lot of other people are also dying of other diseases like T.B and Cholera and even *Mutu Wachingala ng'ala* and others because they are bewitched including road accidents. (*Mutu WACHINGALA NG'ALA* Chichewa meaning the very great severe headache) We all agreed. My friend continued saying that it means it's their time to die of such kind of that particular disease and [there is] no way to divert from that channel of death. He said what God planned for an individual, He had planned for that for good and we all agreed. He went on saying that this disease is very difficult and it's very hard to abstain from that since this disease acts like a person and its very clever since its now seeking for a person who is safe from AIDS to infest him/her. He said that AIDS doesn't have a trouble in seeking for a person who had already contracted it but it only seeks for a healthy person.

Another one said that the man (my friend) was saying the fact. He said nowadays AIDS is at high speed looking for the healthy ones and those having AIDS are coming up and most of them are rich and have money and to the girls or rather women who are safe from AIDS, [they] are highly attracted to these type of rich men. He went on saying another thing is that if you have contracted it from say one sexual partner you have contracted it for good and there is not point of reversing it but what is needed is to be abstaining from sex despite that its nature. He said that if we are going to be saying its nature its nature then we are wrong and are risking ourselves.

Another one said that but it becomes very difficult since you may say that you are abstaining from sex while having a wife at home and he said that for sure one can not stay for say 5 years or 3 years without having sexual intercourse with a woman or a girl.

He said that even girls can manage to but not so common that's why you see that those men who go to South Africa leaving their wives for 5 years for instance here in Malawi for seeking job opportunities, the women then begin sleeping with other extra marital partners or begin sleeping with her laborer working in her garden, a poor man, because of longing to have sex to quench a sexual desire troubling her. My friend said that indeed its time because even though some women are left behind in Malawi while their husbands go to South Africa but there are some and many of them that are faithful enough that despite their husbands has gone away for 5 years but still they remain faithful and be living happily with her parents or the husband's parents without have any sexual partners. I asked: "Even without the husband sending any assistance to the woman for the 5 years in abroad?" Another one answered saying that its not true that to a man who loves his wife can stay for 5 years without sending any assistance at home, and [if he is] not sending one should know that he is trying to encourage your [his] wife to go for other partners. My friend said that those men are very unfaithful and most of them marry in South Africa.

Another one said that's why a lot of men are the ones who really provokes this disease AIDS since they are discontent of whatever they deserve rather have, like having one wife and be trusting to her alone and be loving her but goes for so many extra marital partners where they contract AIDS and when coming back from where they were they just give their spouses AIDS and be killing the innocent wives. Another one said that those who go to South Africa really fail to endure with having sexual partners hence failing to abstain from catching AIDS.

My friend said that's why he considers AIDS to be a difficult thing. We chatted and chatted and concluded saying that nowadays it's a time to abstain much and be trustworthy of what one has.

Then I said Farewell to them. Off I was going back home after there I went to the depot to catch the bus.

**15<sup>th</sup>/08/2003**

Today in the morning I hired a certain man Mr. Sidileck the builder who built my house to construct my *khoraal* rather a house where goats can dwell. I said to him that he should construct a 5-meter by 3-meter house/*Khoraal*. He came and started constructing the *Khoraal* and when he was making a certain corner of the house he said to me that having domestic animals at home is a very good idea and he congratulated me for the good thinking I did to rear domestic animals especially goats and not chickens because as of him he doesn't desire any person rearing chickens no matter how many more chickens he may happen to have. He said that because chickens dies a lot of New Castle and have many diseases. (Saying of New Castle in Chichewa he said *CHITOPA*.)

He said that even wasting all the money I can happen to have but still in times of trouble like in a simple thing like going to visit a distant family member and you have no transport money then you can come to sell one goat and have money that you can use as a transport money.

I agreed with him and even my wife agreed as well. He went on saying that but not busy drinking beer, which cannot help its just wasting money, and of no profit at all. Wife agreed and Mr. Sidileck said that when one has money he should be thinking of supporting the family and his or her relatives. He said that when one is for example, buying animals to rear it seems like one is spending and in the long run it helps because always animals multiplies and within 3 years one may happen to have a lot of money and not spend cash but the other goods or animals one has. He said that this time there is no chance of keeping cash in the pocket but rather one should keep animals at home and that one is the boss, he has a lot of money. He said that there are a lot of people, they have a lot of money, but they don't even build a good house like what I built and [they are] no[t] wise buying animals that might be multiplying and increasing the person monthly. He said he is criticizing what the youth of today are doing; he said that the youth of today are doing very badly and they don't consider that whenever they happened to have money, a lot of money, they forget to take care of their family but rather be doing things which will enable them into disastrous situations like going around with women or girls and eventually be like the nephew [niece] of Mr. Labison.

I asked him what had happened to the nephew of Mr. Labison? He said that the time she was having money she was not considering about her family. My wife asked so what?"

He said that the one who was working as a prostitute at Ganet at [the] Turn off she is very sick at home. Wife asked: she is sick at her home? The one from Zimbabwe? I added the tall and beautiful one? Mr. Sidileck laughed and said yes indeed that one you cannot believe that she is the same beautiful woman you used to see that she was beautiful. We all felt sympathy. Mr. Sidileck said that you should be clever nowadays you the youth of today. If old people are saying that this is not a good road to pass, you should be listening to them because they were born long time ago and had observed many things, which associates with what they (parents, old people) are advising.

We were just listening. He went on saying that her parents were telling her not to go to N\_\_\_ Turn off to look for that job which has destroyed her and be telling her that the job she wanted was not a good job but putting her life at great risk. He went on saying that Mr. Labison being her uncle was most of the time advising her to change the idea of wanting that particular job serving in pubs and said it will not help her any longer but the woman did not listen to the good advice she was receiving by that time and now she is regretting on her own now recalling of what she has been told and her uncle criticizes her always and says that: *CHAGAPIKANA WA CHITELECHELE MWIPONDA*

(Yao language, which means that the one who doesn't understand the advices eventually faces troubles, literal translation say it is taken to say 'a beetle, which clings very hard to the vegetables without falling off/down when the owner shakes in the process of preparing then it gets boiled together with vegetables.' Still meaning subjected into troubles/great risk). It's a proverb which parents and old people say when

advising their children. Mr. Sidileck said that everyone who goes to see rather visit her comes with the impression of saying the woman is suffering from Yes, Yes! My wife asked: "Yes, Yes?" Mr. Sidileck agreed and said that indeed she is suffering from Yes! Yes, and be laughing. He said that's because to a normal thinking girl or rather a woman [she] can not choose to work at the restaurant or pubs, that one should definitely know that she/he is tired of living in this world but wanting to die fast[er] that the normal date that God had put upon him/her to die according to His (God's) plan.

My wife said she was not working at the restaurant but in the T\_\_\_ Motel and it's a good job for she said she heard that Mr. Ganet the owner of the motel pays a reasonable amount [more] than other similar jobs. Mr. Sidileck (the builder) said that she was cheating that she was working as the waiter there when she was telling people here and the way she was dressing people were believing that indeed she was working us the waiter. I asked that what kind of dressing she was putting on? He said that she was wearing very expensive dressings and that suited her very much. My wife said that it was good since she was working and she was receiving money then she must have expensive dressing then. Mr. Sidileck said even though she was working as the waiter but she was doubling with serving in the pubs as well because the places like that people especially beautiful women and girls like her doesn't do one thing but several things like moving with sexual partners and be given a lot of money that she was using. We laughed and he said people especially women or girls who joins this particular job are lazy people and the prostitutes because they exactly know that they are going to work where they know that they can be sleeping with partners. He went on saying that eventually they contracts Yes, Yes and instead of living in the village and be farming and be earning a living even though be a poor girl but be safe indeed from Yes, Yes.

My wife asked what he meant when he say Yes, Yes? Mr. Sidileck said that he meant AIDS and Yes, Yes is AIDS and AIDS had deprived from this word Yes because it came from the (Yao) *Asungu* meaning the Europeans. He went on saying that instead of that the time she was having money and be buying things like goats so that they should help her during the time of needy. He said she is now suffering from Yes, yes (meaning AIDS) and we were laughing. He said that she is indeed very thin and adding with her tallness you can not look her twice, you can shrink and have nerves considering rather thinking that if such a disease comes to you, you can drink poison.

My wife asked if he goes to visit her. He said [he] goes but not so often because she was told in advance about the danger of going to work where she went to work. He said now she had deserved what she had been wanting. We said he should be thinking that this disease is a general one, wife continued saying that even him, he can catch it and when speaking he should be thinking of that. He laughed saying catching AIDS nowadays is wanting to catch it. I asked him, how? He laughed: I am asking how? That's not a question. He said that everyone wanting to have Yes (Yao, meaning AIDS) wants it deliberately because everyone is aware pliz [please] stop moving around with girls when you are single wait until you get married but still people don't seem to understand but rushing for sex and they only enjoy for a quite short time and suffer for many years before dying. We agreed and he went on saying that if she, meaning the nephew of Mr. Labison did not go to Mangochi turn off she could not have infected of AIDS. Look! She was enjoying and not in great worries and she knows now that certainly she is to die and its real trouble to those who had slept with her and they are also knowing that definitely they are on the way to the grave yard. We laughed and he went on saying that he always feels pity to see the youth of today talking always about sex and having sexual intercours and saying in his mind that the youth of today will not survive this great battle of AIDS. He went on saying that Yesi (became of his Yao tongue, meaning AIDS) is a great battle that has invaded every country and only needing those who are really strong soldiers to defeat this battle rather in this battle.

We agreed and said he was not cheating but needs strong solders to defeat AIDS. He went on saying that to defeat it is very, very simple because it requires abstinence (he said *Kuligos-chi yao*) and failing that just know that you are try to seek AIDS and want to die of it but those who are very understanding can't take it and he said that there is no one in this world that who doesn't know of AIDS expect a very young person and everyday people hears about it on the radio and why people especially you the youth of today that they don't take to heart they are not satisfied of what they have. If one is married it means he has made his last decision and even the woman/wife is well if she had married she had also made her last decision as well and no need to be going for other sexual partners. He said that took today she (meaning the nephew Mr. Labison an AIDS patient) was enjoying there were no her parents and her parents are the one troubling now

yet she was not even assisting them when she was enjoying with men there despite that they don't have much and they get troubled with hunger every year instead of her since she was the only person working in the family she was coming from, that she should be supporting her parents by giving them the needs or buying fertilizer and be giving them so that they may be harvesting more food; but not, and now she is back with viruses (*Tulombo* he said in Yao) and be troubling parents and troubled caring [for] her sickness and as well as troubled feeding her making parents under pressure.

I said to him that rather its time everyone had his or her own time. He laughed and said that indeed everyone has his/her own time but sometimes we make our time to be short of living in this world because we are used to neglect the good advice that parents give or what others say as well as what God says to us people. He went on saying that God has already told His people in the past that there will be a disease known as *Kaliwondewonde* in the Bible or in Koran book that this disease will kill many people and he *Kaliwondewonde* is now AIDS (Yesi) and it only attacks those not satisfied of their own spouses but wanting rather desiring other wives of others. He said nowadays there is not time to enjoy sex than [as it was in] his times. He said that in his old days he could have say 8 or 10 sexual partners and be enjoying with them and he together with his friends were only afraid of *Chizonono*, *Chindoki* and *Mabomu* but had the accurate traditional medicine that it was simple to get cured and not nowadays that if one tries to move with 2 sexual partners all of them might be found infected with AIDS (he said Yes instead of AIDS because of his Yao tongue). He went on saying that all the diseases he had mentioned like *mabomu*, *chindoko* and *chitazono* nowadays are very rare all had entered into one disease Yesi (meaning AIDS still) and he said that the badness being that once you are found of it just know that you are certainly dying and he said in short you are dead because it has no medicine even though there are some stupid and foolish traditional healers who cheat rather claim to say that they can heal rather cure AIDS but they are just great cheaters/liars.

I asked him where did he hear that there are some traditional healers that say they can heal/treat AIDS? He said from these stupid radio stations. My wife and I laughed and said that up to that extent saying from the stupid radio stations? He said Yes indeed because all the radio stations in Malawi starting from Radio One and Radio 2 can say such a person, a traditional healer, is announcing/advertising that any sick person suffering from any particular disease is able to cure that and asking all those who are not feeling well because of the disease he/she is troubled of to come and be healed and in reality not true. I said to him that I also heard from the radio almost 3 times but those traditional healers were not saying that they can heal AIDS but rather said that they heal any particular disease but except AIDS. My wife agreed with me and then Mr. Sidileck said that he for sure heard that on the radio and not only for 3 times as I heard but several times. We just agreed with him. He then said that they know that AIDS has no medicine why they are troubled to announce that. My wife said that if they really announce that then it encouraging the spread of the disease AIDS. Mr. Sidileck said that indeed that's really encouraging the spread of it since people will not be afraid of committing adultery for they will say that if they catch AIDS then they will go to a traditional healer and get healed. Mr. Sidileck then finally said that Yesi (AIDS) has no medicine and the only medicine [is] *Kuligsa* (Yao abstinence).

My wife went to draw water at the borehole and I remained with Mr. Sidileck the builder who went on saying that I should not try to miss my wife and attempt to marry another one because nowadays all these women even at meantime are looking healthy but they are all infected with *Tulombo* (in Yao meaning virus of AIDS). And we chatted and chatted and he warned me of any girl within our trading center N\_\_\_ and said the girls within N\_\_\_ are very bad and movious wanting to infect and kill many stupid people and he said to me that I am alone in my Brown [?] family, the only small figure remained in the whole family and I should take care of myself. There are a lot of things for a man to do in the world for enjoyments and not only going for other sexual partners. A young man like me should indulge in business, which will enable me to enjoy my family since they all depend on me. If I am going to be playing foolish games then I will catch AIDS and leave my children, wife and my relatives in great trouble since there will not be anyone to assist them. I agreed with him and promised him that I can't do that and said if have then I have it but I know that to continue means increasing the virus and die fast.



He laughed and said the youth of today you are dying many because of *Malabala Sichango* [Chishango?]  
He said that these rubbers are the ones which tears and not rigid and contract AIDS. Then we chatted and chatted until wife returned from the borehole.