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Filename: **SIMON030707**  
Diarist: Simon

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**07/07/03**

Today when I was coming from the market after buying medicine for my son and after chatting with my friend like the Blake the cashier and friend Eneya – then Eneya escorted me a little bit and we discussed about the medicine of treating Maize and I told him that I had already sprinkled acetylic dust and no need to sprinkle again.

We chatted a bit and then he returned and then I was going home alone. Now it was about past 9 a.m. when I was about to cross O\_\_\_ river and then my friend Jason who was coming from his job was coming behind me then I wanted him to be going together with me since we were heading in the same direction and he is my neighbor as well. Then friend Jason found me and then we begun chatting and then I asked him you are coming from the job? Friend answered that yes, he was coming from MASAF job and when I asked about when are they going to receive their salary? Friend said that they are going to receive on 02/08/03 and he went on saying that a lot of people had dropped the job because of wanting their salaries since 1<sup>st</sup> June up now on 07/07/03 and the rumor says that up to 02/08/03. I felt sorry for this and he said that the job is very hard and difficult since it requires/involves digging the gravel, dishing and sloping in a graves ground and the government could have been considering its people since they work so devotedly.

I agreed with my friend and then I asked him that a lot of people had dropped working there at O\_\_\_ because the working is hard or because of waiting long to receive their salaries? Then friend Jason said that a lot of people had dropped working because the job is so hard and very strenuous and some because of waiting long to receive their salaries and he added saying that a lot of young girls had also dropped working because they were expecting that the MASF Boss would propose them but they waited and waited and totally in vain the boss did not propose them and adding to that the job condition is hard then they just dropped the job. And then I asked: “Does this involve that at this Masaf work people do have sexual partners? Jason said that and there is no any other particular job than Masaf that a lot of people do have sexual partners and more especially AKAPITAO –Chichewa (meaning leaders at work) and the boss and a lot of girls and women were dressing very attractively like they are not going be dirty of dust, they were dressing like that in order to attract the admiration of the boss so that he may propose them but all in vain. He went on saying that but the Masaf of the last year under the Mr. Bruce as the boss as the boss he used to have sexual partners and he slept with many women even though married ones and a lot of girls (young girls). He said that if it is the matter of AIDS then at Masf there is high AIDS rate because a lot of women and men meet there and he said for sure especially the bosses are the ones who are spreading AIDS very much and him being the boss he is not refused and most of the times they are the women themselves who really provokes the boss to ask them to fall in love with them and they begun offering him free goods like Ground nuts, Cassava, rice and even a chicken and be friendly to him then since you know that a rat cannot dwell in a ground nuts bag without eating the nuts or a cat in a fish bag without eating it and he laughed and I laughed too. He said last year Masaf when they were clearing the N\_\_\_ road Mr. Bwanoli slept with many sexual partners and if he has AIDS then he had spread it to many partners and if he did not have AIDS before then he had contracted it. Then I told my friend that maybe he did not spread it or contracted it because he was using the condoms. My friend said that Mr. Bruce was not using the condom because had it been he was using condoms he could not have given that girl a pregnant and considering his age and being an old person he cannot use the condom?

Jason said that very few use the condom my friend and indeed the condoms are bad they cause genital soles in the front of the penis and the oil found in it causes vaginal soles as well and a lot of women rather girls really refuses to use the condom and the claim that if a man wants to use the condom then its better that they should divorce each other. Then I asked him again why he thinks Mr. Bruce cannot use the condom?

Friend said that very few young men only use condoms and majority doesn't use and no any old man use condoms and he said he had never heard that. I said to him that these are some old people who use condoms for example I said to him that I have my friend the cashier who even was telling me that he has a sexual partner and the partner is MAI A JUNIOR (Junior's mother) and he said that he normally uses the condom with her when ever they happen to meet and he swears to me. Friend said that there are some people who normally cheat that they always uses the condoms but in actual fact they don't use and just frauding people because those people whom he cheats them they are not available where they do sex and he went on saying that its very difficult to believe.

I agreed with him and he said that there are more people who claim saying that they use the condoms while not and they just want to look pious and look Clever while they go plain. I believe rather agreed and he went on saying that the Masaf work which comes here at M\_\_\_ the bosses really scatter children in the villages and most of the children found in the villages have not their fathers who are caring them but their fathers had gone away to their homes after finishing their contracts. I agreed with my fellow friend Jason and he went on saying that their boss this year who is running project of Masaf whose name is Mr. Silungwe is also having sexual partners. I asked him how did he know about that? Friend said that a lot of people know about this because the girl herself had disclosed the matter to her fellow friends and her fellow friends also disclosed to other since they are jealousy of her but had it been they were then proposed.

I agreed and friend went on saying that the boss has another sexual partner as well who stays at his house where he Rents it and said the one who is fat and short white in complexion. I agreed to him that I really know the woman and she stays at chiefs' residence M'd\_\_\_. Jason said that it was through chiefs' influence that the boss had her as his sexual partner when he arrived to stay there where he is staying he was used to chat with chief M'd\_\_\_ and since [he] came alone without a woman then the chief told him that he is going to give him the woman so that he should be playing with her and she should be looking after the house when he is away everyday working except Sunday. Friend said that the boss accepted the offer and by looking her appearance it self he was absolutely convinced that the chief had given him a beautiful woman. I agreed to my friend and said that indeed the girl rather the woman is so beautiful indeed. And friend said that indeed the woman is beautiful and even him he admires her. We laughed. And friend said that sometimes these chiefs are the ones who really helps in the spreading of AIDS because they just normally hear about AIDS but they don't take it into consideration because for example if the chief knows that there is AIDS around or within his village as in this case of nowadays he could not have done that giving rather offering his own nephew [niece] to the new comer like the Masaf boss whom no one knows more about him about his behavior and his healthy status and more of his movements. I agreed with him and as I went on saying that it could be very hard for him to regret after noticing that his nephew [niece] has contracted AIDS. Jason said that the chief did that to the boss in order to be receiving good things from the boss like money. I agreed with him and asked if they accepted? Friend said that she had indeed accepted and in the first place she was told that there was a vacancy there at his house for a woman or a girl who could be staying at his home as the one who will be looking after the house and washing his clothes since he is always busy and she to the reason that nowadays there is lack of employment especially to us young men then the woman accepted the opportunity and she begun working there, washing his clothes, sweeping around the compound, cooking for him when he comes back from work and she also be taking food as well with him and then the man asked her to be going with him then the woman accepted and now everyone knows that they are running an affair and since the woman is not married, she is single since her husband from K\_\_\_ divorced her then she is free to the boss and she thinks that probably he is going to marry her.

I agreed with the friend and I asked if he knows that the reason why the woman was divorced by the man who stays in K\_\_\_? Friend said that he doesn't know anything but he is just assuming that the man heard of her behavior of moving around with many sexual partners. He said that he was been watching/seeing her here moving around with other sexual partners while staying here and her husband in K\_\_\_ for its where he runs his business there and the woman was sent here to see her mother who was not feeling well until she died and the husband came during the funeral and friend said that it's the time that he came to know her previous husband. He went on saying that when the man was going back home he was alone and wife remained behind and [he] told her that she should first of all move and after that she should look for the

Maize field to be hired and be cultivating and he will sent transport money for her to be going back to K\_\_\_.

I was just listening. He went on saying that during her stay here she was moving around and just a few she was going with were like Amos, Mr. Dick, Simeon, and Kaira.

He said that the first time he saw he was taking her as the innocent quiet and faithful woman that no one can suspect her having other sexual partners besides her husband but after few months he saw her one day night with Kumagombo the shop owner and then another day with Simeon the one who goes to south Africa and then one day afternoon he said he saw her again stood [standing] and discussing with Kaira at his shop and friend said that that day he stood at his friends shop known as Mr. James and Mr. James begun saying that these people are to die both of them. Then I asked my friend why he said like that they are both to die? Friend said that he said that Mr. Kaira the shop owner has many sexual partners and he has many children within the villages and a lot of girls has been dropped out of school due to pregnancies because of him and he said rather concluded that the man has AIDS because all the sexual partners he had been sleeping with and those whom he is sleeping with are not safe, not all of them are safe from AIDS and friend Jason that he admires her and thinks of proposing her but his friend Mr. James said that he should not attempt that since he knows that she cannot refuse his proposal but he should consider his family and he said the woman has slept with AIDS people for instance Mr. Kaira, Amos and Simeon adding to Mr. Dick as well.

I laughed and friend Jason laughed too and he said that he was laughing because Mr. James was telling him not to propose her because she had slept with whom he thought as AIDS men forgetting that he also goes for a certain woman a prostitute like that who doesn't refuse men's proposals. He went on saying that: Mc have you seen Mr. James nowadays? I answered him that no? I had seen him long time ago and nowadays he is not selling in his shop I only see his wife in his shop nowadays and not him. Jason said that "You can not notice him nowadays that he is the same Mr. James we used to see." I asked him what had happened to him. Friend said that Mr. James is very sick nowadays and in the last months he was used to sleep on the intense sun while folding himself several blankets and now he is not sleeping on the sun since this month of July we experience cold and instead he is fond of wearing a big Jersey which conceals his thinness and he laughed and laughed too. I asked him what he is suffering from? He said that he is suffering from KALOMBO (THE WAY HE PUT IT IN Chichewa.) And be laughing NB: (*Kalombo*-means AIDS virus. He said that he had contracted this *Kalombo* from his sexual partner he has and he is a stupid man because he had been finding this his sexual partner with a certain guy but never divorced her and if he is wise enough then he is regretting now. He said that Mr. James likes gossiping of other people movements forgetting about his own movements. He went on saying that most of the times its very bad talking of others because when you are talking rather gossiping about another one God is always there and he understands everything and what God does is that he imposes that fate to the person so that he should believe that there is God in heaven. I agreed with him. He said that a man is a man and no need to be talking of someone.

He then went on saying that last night he reached at his home very late around past 1 a.m. and when I asked him where was he said that he was at his sexual partners house the one he said he loves her very much and he doesn't think of letting her down rather divorce her and concluded saying that she even loves him very much and she rebuffs several men who comes to propose her to be their marriage partner for instance.

Then I told him that indeed the woman loves him very much so he should continue loving her as well. He said that he has a daughter to her and when I asked as to where the woman stays he said that she stays at C\_\_\_ village and he went on saying even his wife knows about it but she has no concrete proof but she suspects a lot and her suspects are true. Then [I] said to her [him] that they are going to fight each other. Jason said that they are not going to fight each other because they will not happen to meet each other. Then I asked him suppose they happen to meet what can he do? Friend said that suppose they happen to meet they will fight each other and I will just tell them to do so and the winner will be his sexual partner and concluded saying that his real wife is very weak as compared to the one who is his sexual partner who stays in C\_\_\_ village and hopefully he knows that his current spouse will loose the fight and he also said that if this extra marital partner will be loosing he will certainly help her fighting his current wife and I laughed. He said that one day he even came home at around 4 a.m. and she didn't even ask where he was. He said that nowadays there is no need to be lenient on wives sometimes they should be knowing that there are

other women as were that are also beautiful and they also like rather love us. He said that when one is only depending on one wife and the wife knows that her husband doesn't have another sexual partner besides her then she becomes so proud and she becomes very arrogant rather she doesn't obey you but when she knows that her husband has another one somewhere she really obeys you and follows all your demands and advices rather commands because she becomes afraid that if she doesn't obey you then she is going to be high jacked by her friend and she becomes a looser. I agreed with her but I said its is a sin going with another one yet you have your wife and warned him that there is AIDS around.

He said that indeed there is AIDS around but if one is to be entirely be thinking of AIDS then there could be no new babies born a lot of children are being born both inside marriage and outside marriage meaning that people are still practicing sex and he said that sex can't end since it's a nature and it begun longtime ago and he said that even AIDS is being proclaimed but still a lot are practicing it and even though some uses condoms but they get leak/torn out and sperms get transferred to the woman and be impregnated and people have realized that condoms doesn't help and a lot are not using even though some are using but very few of them.

This time we crossed O\_\_ river and then he went on saying that ever since he had never used the condom and he will not use it and he knows that even his sexual partners can't accept to be used because one day he had tried taking a condom in his pocket and he took it deliberately to test his extra martial affair to see if she can allow to be fucked with a condom. He said that when he asked her she refused completely that and said that she can't go to the bathroom and be using a wrapped soap, the soap cannot produce bubbles then its better to stop bathing. And he said that he agreed with her since he was testing/rather attempting her then he slept with her plain. Talking of AIDS he said that he couldn't use the condom with my [his] sexual partner. He said that he cannot feel sweet since there could be no direct contact of sexual members and he said that sex is something very sweet as compared to anything. He said that men really build a corrugated iron sheet house to his wife home signifies that he loves his wife and in the exchange of sex meaning that sex has nothing that can be matched rather compared to. Sex is very important and sweet. We laughed and he said that he can't stop going with sexual partners and about AIDS then it came long time ago and there is no need to be afraid of that because as of now everyone has it no matter having partners few or many sexual partners contracting AIDS is catching it. I agreed with him and he said that one can even contract AIDS after sleeping with one sexual partner only or even after sleeping with many sexual partners. He said that everyone will die no matter what but to a normal person especially we men its very difficult to remain faithful and only be trusting one wife and that's why AIDS is greatly spreading and we should accept it because it has come and completely it has come and we have no option to eradicate it since it has no medicine and he said that its better that we should be brave enough, we should not be afraid of AIDS it has come and no point of returning it since it's a crisis (mulli-Chichewa) and everyone is expecting to have it. I agreed and said to him that but faithful men are also needed to try avoiding catching AIDS. He said that indeed its true but its very difficult for a normal man who was born energetic to only trust one wife even the riches [rich people?] that's why we see nowadays that a father sleeps with his own daughter that signifies that faithfulness is not practiced.

I agreed with him. We chatted and chatted until we separated after we reached a junction where he diverts even though we are neighbors. We then completely separated.

**09/07/03**

Today I was chatting within the trading center and I sat together with Kili friend and Tingo my other friend as well. Tingo and Kili were selling sweet potatoes at a certain Maize Mill known as Mr. Kalua maize mill and I sat chatting with them there and we sat on this maize mill velander and we were chatting and our own issues and during our chatting a certain young girl probably having 13 years I believe was passing by and the first on to speak was Tingo and he said while laughing he said that: "indeed we will all die but not now but that girl who is going there definitely she is going."

We all watched her going inside the market and then I asked Tingo what he meant when he said the girl was going? He answered saying that the girl definitely is going to die of AIDS and he said that indeed we will all die but that girl is definitely going, the grave is calling her and we all laughed and then I asked

Tingo how come he knows that the young girl is suffering from AIDS that the grave is calling her? Before Tingo could answer Kili said that: “but the one who is going to die fast among us and her [who will die first, one of us or her] is not know even though we notice her that she is indeed suffering the way she is looking she is very thin and she may recover and become very fat and we people whom we assume that our lives are healthy enough but we may die faster than her. I agreed with what Kili said and then Tingo answered saying while laughing saying that of course we may die but it’s very certainly to her and he begun narrating the story about her sickness.

Tingo said that the girl’s father and mother had died because of the same disease AIDS. He said that she was staying at C\_\_\_ with [her] stepfather and her mother in C\_\_\_ where her father was sleeping with her. And definitely her father was the one who gave her AIDS and even the father was caught red handed by her mother when she was having sex with her father and she was chased away then after a year the father begun suffering until he died and then followed by his wife who also died of AIDS. Friend Kili asked him from where he learned this information. Tingo said that he knows about this since the late [parents] were living in C\_\_\_ village and he also stays in C\_\_\_ village and the rumor is well known to many people within the village and outside the village and everyone knows that the man and his wife had died of AIDS in the way he was suffering together with his wife he said that anyone contracted AIDS is well noticed because of his or her health status becomes very unpleasant and he said that even you can see the way the young girl is looking. (NB: 9 the girl indeed is very thin, she is white in complexion and tall and her hair became so soft and very thin indeed and her legs very thing together with her hands and the hairs became so scattered, falling off from her head and developed soles around her whole body.)

Kili said that then the father had destroyed the daughter’s future, which is very bad, and a great sin as well and said why these things are very common nowadays and a lot of young girls are falling into these problems? Tingo said that a lot of young girls indeed are found dropped out of school for example because of pregnancies and when parents inquire [who is] the father it’s when she reveals her father and say her father is the one who had given her the pregnant she had. We laughed all of us and Tingo said that its like that nowadays AIDS is found within these ages especially between 11 to 30 years people and he said that if one is completely abstain within the range of these years then she or he should know that she/he is protected from AIDS. Kili agreed and said that probably the girl whom we had just seen her moving, and as the one described as having AIDS, then [she] still having sex with other people. Tingo said indeed especially of her age and the boys rather her partners doesn’t know that the girl has AIDS or what makes her be growing thinner and thinner is because of AIDS and with childish thinking they might be saying she is suffering from another kind of disease or she has been bewitched by certain old people jealous of her having a lot of dressing and stays in town.

We laughed and agreed that it really happens and indeed its what is happening and Tingo said that sometimes can avoid AIDS by abstaining but it’s very rare and not so common indeed because AIDS is getting spread through, the most important means like the means of sex which every man or woman likes rather involved with. He went on saying that had it been AIDS come through eating a certain type of food definitely that food could have abandoned both by the government or by people themselves. We all agreed. Kili said that but the means of preventing AIDS is not very much difficult only if you can manage to avoid rather if one manages to greatly abstain by not having sex with other sexual partners when you are married but trust the marriage partner only and not be cheated that I will put on the condom and be claiming that he is protected from catching AIDS because ever since condom were seeing made and highly rather greatly distributed, a lot of people despite using them are still dying of AIDS signifies that condoms are not helpful and using it or not there is a high rather a great possibility of contracting AIDS. He said that sometimes they are these young girls who normally provokes their father’s sexual desire because a desire which is sexually is a complete desire and it doesn’t look rather consider that this one is his daughter and when they begin noticing that it/she is his daughter while he had already slept with her. Tingo said that this happens because of the daughter’s openness towards her father and when the father sees that she is not his real daughter then the problem is greatly worsened and the father considers her as his real wife now and since these young girls are very beautiful nowadays and they also dress very attractively and well developing physically their father really fails to hold up their hearts and due to the daughter’s openness then the father sleeps with them and when he had slept with her once then she doesn’t have shy but rather be sleeping with

him almost daily and start disrespecting her real mother, challenging her because she thinks that she is of the same size and age with her mother.

We laughed and then Kili said that indeed there is AIDS and we people we are definitely to die of it, it is *Mulli* and no refrain [respice?] from it but the only possible way of becoming safe from it is indeed becoming absolutely faithful to your spouse because its true that women are the same but we are only interested with the appearance of a particular sexual partner we normally have. Tingo said that with these days of AIDS around there is a total need for one to be totally committed and dedicate ones self to one sexual partner which is a wife and no need to trust an extra marital partner since she also doesn't believe in one sexual partner at such but many and then she thinks she is very important, beautiful and famous forgetting that a girls rather a woman's fame is very short and limited she can be given a pregnant and her famous get deteriorated and she can be given a disease particularly the dangerous disease AIDS as the girl we had seen recently. Kili said that its better she is given the pregnant because she will have a child who will help her in future than given the disease AIDS which she will certainly know that she will die of it no matter what.

Tingo said that he was used to move around with several sexual partners but now he has stopped that bad system and he said that he had slept with an extra marital partner in 1996 and it was during the initiation ceremony at J\_\_ village near N\_\_ village where he went at night when drums were played and that girl asked him since they were knowing each other as being schooling together at primary but she was one who dropped schooling fast due to the reason that she married fast and him Tingo dropped in 1995 due to the reason that he was tired schooling and considers that it not helpful and begun learning sawing machine which his late brother had and he said that now he is regretting that had it been the continued schooling then he could have been some where working. We were just listening and Tingo continued saying that he did that rather he slept with her because he was seduced by her, she was always near him when he want to dance she was offering her self to dance with him when he was to sit at the velander where the dance ceremony was taking place she was always near him and begging money for her to buy fried ground nuts and he said that that time there was no much AIDS occurrence as in the case of today and giving a girl rather a woman K4.00 it was a lot of money and Tingo said that he gave the woman K4.00 and he slept with her the same day night.

Then I asked him how did he manage to sleep with her since he said that she was the first to drop schooling because she married fast meaning that she was married and where was her husband that day? Tingo said that, that day he did not ask of her husband because he was not after her husband and he was also drinks as he said himself and he said that when one is drunk he doesn't get afraid of anything and he has a lot of sex chances that even girls or women propose the man and be thinking that because you are drunk then you normally do have money and you are not greedy of it but so generous in giving them.

Tingo went on saying that after he gave the girl the K4.00 he just asked her if she could have sex with her and she accepted and then they went into a nearby bush and where they did it. And asking him [we asked him] whether he used a condom that day he said that in those days they had no idea of condoms and said if there were condoms then only few people knew about these condoms as compared to nowadays that even a young child say aged five years knows about it and you may find young children playing with condoms inflated them and be walking with them in the streets. He also repeated that in those days in 1980 to 1995 AIDS was not so famous as it is nowadays that we normally listen from the radio each and every day about AIDS and may times in a single day but not in those days and when sleeping with the girl or rather the woman what people/men were much afraid of was *Chitayo* and Kili jumped saying that yes indeed Tingo was saying the truth in those day they were only afraid of *Chitayo* and not much concerning of *mabobmu*, *Chinudoko* and *Chizonono* because they were there these diseases but they were not so common as is the case of AIDS nowadays.

(NB *Chitayo* is deadly disease that a man normally gets after sleeping with a woman or a girl who had recently aborted or given delivery less than 6 months of postpartum abstinence and the man dies on the same spot.) Tingo said that things were nice in old days for example the S.T.s. mentioned one could get healed rather recover from these S.T.I. when traditional medicine is given to him or given to her and he also went on saying that not in the case of today that a lot of young girls are being abused by old men because they have money or intimidated by their uncle or fathers or any old man.

Kili said that indeed a lot of young girls are greatly intimidated by their uncles to be sleeping with them so that they may be receiving the assistance say clothes and school fees from the uncle and since a girl is a girl she thinks very irrational and having narrow minded then she accepts sleeping with an uncle or her father in order to be assisted. Tingo said money is a great problem and answers any question and any many who has money can sleep with any woman whether married to a rich man or not provided he gives her enough money and the woman or rather the girl knows that the man is normally do have a lot of money no matter he is young or old enough. We agreed and then I asked; “ Is it only that these people who sleeps with their daughters or their nephews because they have enough money to be assisting them or because there are other reasons?” Tingo said that another reason is that because they some of them are always found drunk and they don’t think properly others because of their nature that they like having sex. Kili added saying that other it’s because of *Kukhwima* (Chickhewa).

NB: (*Kukhwima* is Chichewa word which means/stands for a traditional system of doing medicine so that the participants should become rich. This happens actually for those who have rather who owns the groceries, they normally sleep with their daughters while claiming that their wealthy will last long and rather will not end.) Kili said that this system is what increases the spread of AIDS because a daughter doesn’t refuse because she thinks that if she refuses then her father will not become rich and afraid to be poor. Then I asked if the wife knows about this *KUKHWIMA* if the father wants to sleep with the daughter. Kili said that wife doesn’t know about this they do it very secretly within their house when the wife is away for example a man sends the wife a deliberate journey while him and his daughter had already agreed of doing sex.

We laughed and agreed that indeed it is happening a lot and Tingo said that we need to be extra careful we men especially to these young girls school girls for instance because they are born with extra ordinary beautiful you may find a 10 year girl having good thighs very fat and beautifully dressed very attractively that a 30 year old man can admire her and because of money you find that the young girl despite her young age she accepts wanting money they really hear about AIDS messages but they have no choice they just accept what ever the man will choose to do and continued saying that a lot of men doesn’t use condom to the young girls like these and the aim of proposing these young girls is that they assume that they are sweet and tight enough when sleeping with them and they enjoy a lot while spoiling rather destroying them by giving them AIDS which their chain of spreading it will be high indeed because when for example one girl after contracting this AIDS disease from an old person at the ago of 10 years for example, when reaching at the age of 15 years it is possible that she might be slept with more than 10 sexual partners and it is this period of her growth that she looks very much attractive than before and a lot of men will be flocking to her both old and young men like dogs. We all laughed and chatted continued. Tingo continued saying that and when the girl reaches the age of 20 it means she had spread the AIDS to many sexual partners and those sexual partners and those sexual partners to others and then on and on meaning that AIDS will not Aids and when she reaches to the point of getting married then she has infected a lot of people rather men and one girl spreading to 30 sexual partners and 30 partners to 100 partners and 100 partners to 1000 sexual partners and so on and if there are 10 young girls for instance then the spread will be high. Kili said that for example this system of father’s sleeping with their daughters is so common here at Malawi area and indeed for sure there is high risk of AIDS and young men are the ones who doesn’t seem to understand; of our ages for we are only focusing on the short distance and not thinking of for distance this we are only thinking of today and not tomorrow. We are only wanting to enjoy today and forgetting the regrets of tomorrow since AIDS has no medicine.

Kili said that as of him he only trust his wife alone and he knows that there are a lot of people who are infected with AIDS and they have already started showing it signs and they are a lot who have this disease but they have not yet started showing its signs and definitely no matter what they will start showing its signs and he said that nowadays he is very much worried of AIDS and he doesn’t play around with girls or women [to] avoid being seduced and fall into great temptations and be sleeping with them because he said that unlike terms when ever they come to meet they attract each other and we all laughed.

He said that a normal person rather a man cannot chat with a beautiful girl always as his real friend without one day proposing he and the end result is she accepts because she is more familiar with you and not shy of you and then you may eventually sleep with her and never know that she has AIDS then you contract it from her and give it to your wife who will as well transfer it to the children who will be born which is not good. Tingo said that Kili was saying the truth because it’s very stupid for a normal man to be chatting with

a girl like she is a man as well. He said that the end result is having sex with that particular girl then catching AIDS. He said that if he had contracted AIDS already then that should be the only AIDS since he said that he heard on the radio that if one has AIDS he should avoid having sex with other sexual partners avoid increasing or rather multiplying the viruses and the end result is one dies fast but when you have the disease you should avoid sexual intercourses with other sexual partners besides your spouse.

I asked him but he may be having sex with your wife/spouse? He answered saying that he may be having sex with his spouse but not so frequent and always than before but say 2 time after 2 to 3 weeks and for healthy wife its good even to stay the whole month without having sex with the spouse so that they may not increase/multiply the viruses further and live long life and avoid impregnating her because when the woman is impregnated while having AIDS and bear a child and with the losing of a lot of blood during delivering the child she starts showing AIDS signs very fast because of loosing blood during delivery/delivering the child and the radio says that its very good and nice to avoid giving the woman the pregnant.

Tingo said that nowadays to clever people especially clever men nowadays they have stopped going with girls with these days or AIDS they are after beer nowadays and spend money with beer [rather] than going with girls and be spending rather wasting money giving girls [money] which is buying death he said that he had stopped going with girls and to him girls are his great enemies and said he only trust and love his wife because her love even intensifies when he doesn't have money but he said that a sexual partner who is not his wife can not love him when he doesn't have money because a sexual partner loves her partners because of money and love intensifies when her partner has money and when he doesn't have money love ends and she goes with other sexual partners. Tingo said that he had resolved into drinking beer than going with girls even some men thinks that drunkards are stupid people they don't know that they are them who doesn't drink are stupid because they go around with girls because they will die fast because of AIDS leaving the drunkards alive safe from AIDS. Kili said that his friend Tingo was saying the truth that beer is good provided drinking wisely because there are a lot of people who dink beer but also going with sexual partners and most of the time sleeping with women who drink beer as well like the prostitutes in beer centers. Tingo agreed but said that those people who do that its their nature its their habit but there are others like him who only drink beer and never go for sexual partners and he said that to those who really drink very much and [get] intoxicated a lot due to beer they have no power of having sex with the girl rather a woman and he said that to those who drink few nor not much are the ones who goes after sexual partners and adding on their inborn behavior. Kili and me agreed.

Tingo said that nowadays a person especially we men we should go after money and not girls since there is great future if we avoid contracting AIDS we all agreed.

We chatted and chatted until I said farewell to them for I was to buy tomatoes for my wife so that she may prepare food in a good time. Then I left.